



Eating Healthy, Growing Healthy

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To improve infant nutrition in Poland, Eating Healthy, Growing Healthy is developing an accredited network of independent early life nutrition experts who offer adapted nutrition services to care givers and parents in day care centers and kindergartens.



KEY FIGURES

€ 1,5 M in funding

6083 Nutritionists trained

145,055 Children, parents and day care center staff sensitized to children's nutritional needs

Inadequate infant nutrition can lead to health issues, including obesity and iron deficiency. Danone wishes to raise awareness about the importance of good nutrition and the specific nutritional needs of young children at different stages of development in Poland. With the support of the Danone Ecosystem Fund, NUTRICIA Foundation and its partners the Comenius Foundation for Child Development, Warsaw University of Life Sciences, Institute of Mother and Child and Academic Business Incubators created the Eating Healthy, Growing Healthy program. The program offers training to young graduate nutritionists. It enables them to work as educators specialized in the field of early life nutrition. As independent professionals and members of an association, they support the development of age-appropriate menus in day care centers and kindergartens, train staff and raise awareness among parents about proper early life nutrition.

In creating jobs and opening the way for the profession of 'nutrition educator' to be developed, NUTRICIA Foundation contributes to improving children's nutrition and promotes understanding about infant nutrition at large.

PARTNERS

