



# Best Onco Care for Me

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To improve wellbeing and recovery for Dutch cancer patients and reduce chronic disability following treatment, Best Onco Care For Me develops a new care path. It involves general practitioners and oncology nurses in the treatment and recovery journey, and develops specific tools to allow patients to participate in their own treatment choices.



## KEY FIGURES

€ 2,1 M in funding

1,155 Health Care professionals trained

81,634 Patients empowered in their cancer recovery journey

There are more than 100,000 new cancer patients every year in the Netherlands, and an increasing number of them suffer from chronic disabilities, requiring continuous attention. The Netherlands' new public health policy focuses on patient empowerment, involving them in treatment choices for them to be actors in their journey and reduce cancer-related costs. Nutricia meanwhile aims to raise awareness on the importance of adapted nutrition for patient recovery. With the support of the Danone Ecosystem Fund, Nutricia, NFK (patients' federation), UMCU Academic hospital of Utrecht, UMC Julius training center, and several Health Insurance Company (Achmea, CZ, ONVZ...), the Best Onco Care For Me project is facilitating the new coordination role of oncology nurses and general practitioners. It also drives the practical implementation of patient empowerment and self-management. To achieve this, the project created two important tools: a Ministry of Health-accredited educational program for general practitioners and nurses, as well as an online monitoring platform for patients, providing nutritional and physical guidance at all stages of the disease and recovery, thereby contributing to better recovery.

Best Onco Care for Me boosts skills in the health professions and empowers patients, contributing to their recovery and improving their quality of life to support their return to employment. Nutricia meanwhile raises awareness of the importance of adapted nutrition and physical exercise for cancer patients and builds trust relationships with key stakeholders.

## PARTNERS



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